

# Rachael Ray every day

TAKE A BITE OUTTA LIFE!®

**Cook ONCE,  
Eat All Month!**

**SUPER-EASY  
MAKE-AHEAD  
MEALS** p. 108

**Organize your  
kitchen!**

**12 CHEF-TESTED TIPS** p. 64

**GOING OUT THIS  
WEEKEND?**

**BE A RESTAURANT VIP** p. 74

**A wine party even  
beer drinkers  
will love** p. 120

**MAKE A  
HEALTHY  
LUNCH** p. 54

**MICHELLE OBAMA**  
on how she changed her  
family's bad eating habits

RACHAELRAYMAG.COM



DISPLAY UNTIL SEPTEMBER 20 \$4.99

SEPTEMBER 2016

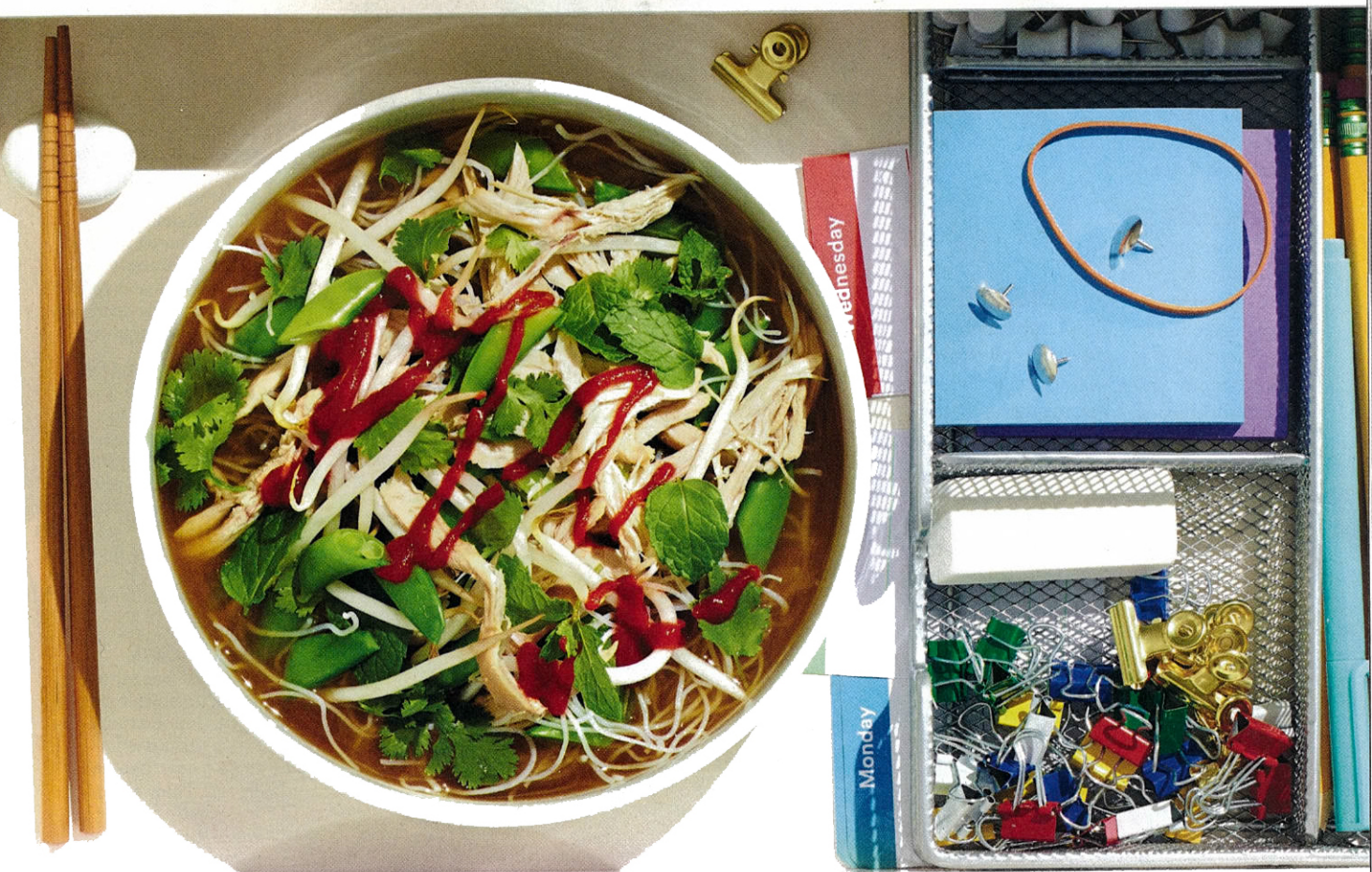
RECYCLED PAPER



SUPERMARKET SMARTS

# Power lunches

Recipes you can whip up in your office kitchen (plus a few genius tips, next page) give your work lunch a well-deserved promotion. BY GRACE RASMUS



## CHECKOUT

We sampled 233 new supermarket products this month to track down these cart-worthy finds! —GR

"Made with nuts and flax, **Simple Mills Farmhouse Cheddar Almond Flour Crackers** (\$4.99) make me feel better about my cheese-cracker habit." —Cecily McAndrews, food editor

"As a new mom, for me 'entertaining' now means 'serve **Chobani Mezé Dip in Roasted Red Pepper**' (\$3.99)." —Marissa Wolkenberg, research chief

"Chickpea-based **Sir Kensington's Fabanaise Chipotle Vegan Mayo** (\$5.99) tastes great with very non-vegan roast beef." —Margaret Farley, assistant managing editor

