

45 Delicious Recipes for a Cozy Winter

Gluten Free & MORE

**Classic Gooney
MAC & CHEESE**

Sandwich Bread
& **Hot Cross Buns**

**Smart
\$avings**
at Club Stores

No-Guilt
Chocolate
DESSERTS

Spotting Hidden A

Stovetop
Mac & Cheese,
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3 EASY MEALS
in your
Slow Cooker

**GLUTEN
& Your BABY**



February/March 2016

Display until March 7, 2016

GlutenFreeandMore.com

Don't Miss This!

Bakery-Style Loaf ▶

Artisan Baker Multigrain Bread is a new European recipe from **Schär** made with sourdough, millet, buckwheat and quinoa flours, sunflower seeds and honey. It's shelf-stable, so you can keep it on your counter. You will savor every slice—so soft and pliable, it's hard to believe there's no gluten. No dairy or eggs either. Also available in Artisan Baker White Bread. \$5.49/14.1-ounce loaf

schar.com, 201-355-8470

Contains soy.



◀ Savor Your Roots

Known for its yummy potato chips and new certified gluten-free frozen French fries, **Kettle** introduces Uprooted Sweet Potatoes, Beets and Parsnips, a delicious way to eat your root veggies.

These chips are just veggies, oil (sunflower, safflower and canola) and salt—simple ingredients with enough crunch to satisfy potato chip addicts.

Also available in Sweet Potatoes.

Produced in a facility free of nuts and peanuts. Certified gluten-free and Non-GMO Project Verified.

\$3.99/6-ounce bag

kettlebrand.com,
503-364-0399



◀ Pure & Simple

Simple Mills' Chocolate Muffin & Cake mix creates hearty, delicious baked items that are higher in protein and more nutrient dense than your typical starch-based bakery fare. Made with almond flour, coconut flour, cocoa and coconut sugar, there is goodness in every bite. Just add eggs (or egg replacer), oil and water. It's that simple. Certified gluten-free and manufactured in a dedicated gluten-free facility, this mix is free from soy and dairy. It's also Paleo friendly and Non-GMO Project Verified. \$7.99/10.4-ounce box

simplemills.com, 312-600-6196

Contains tree nuts (almonds).



Spray On Avocado ▶

Chosen Foods' Avocado Oil Spray is made with 100 percent pure avocado oil. No soy oil or chemical propellants. This cooking spray is one of the cleanest, strongest sprays we've tried.

We loved spritzing it on our salad and everything we cooked. Good-for-you avocado oil is ideal for high-heat cooking. It can handle temperatures up to 500°F. Non-GMO and naturally gluten-free.

\$7.95/4.7-ounce can

chosen-foods.com,
877-674-2244

