

## A Faster Way to Gluten-Free

G-free baking used to be a pain in the... Not anymore, with clean mixes that make homemade fast.



### **Ginny Bakes Butter Crisp Love and Coconut Oatmeal Bliss**

These cookies are non-GMO, organic, and yummy to boot. (\$7.50; [ginnybakes.com](http://ginnybakes.com))



### **Simple Mills Almond Flour Pumpkin Muffin Mix**

Dab with frosting and these muffins double as cupcakes. (\$9; [simplemills.com](http://simplemills.com))

## I'll Take My Farmers' Market to Go, Please

Just because your local farmers' market is closed for the winter doesn't mean you have to relocate your shopping entirely to the supermarket. Online versions are hot, with big companies like Door to Door Organics expanding and regional sites such as Good Eggs out of New York City fast gaining popularity. These Web sites allow you to order in-season regional produce, along with meats, dairy, and pantry staples from local manufacturers. And if you're sad that you can't shake hands with Farmer Fred, here's the next-best thing: Most of the sites include fun tidbits on the farmers and companies, adding a little personality to your peppers and pork.

## genetically edited organisms **jə-'ne-ti-k(ə)lē 'e-də-tid 'or-gə-ni-zəmz**

Plants whose DNA has been tweaked, unlike genetically modified organisms, which are altered with foreign genes. Some biotech insiders hope that genetic editing will be used to create more nutrient-dense, flavorful fruit – and potentially sneak past European GMO regulations. But is it harmful? More research is still needed, but you likely won't see GEOs in the produce aisle for several years.

FROM TOP: PHOTOGRAPH BY EMILY KATE ROEMER; FOOD STYLING BY LESLEY STOCKTON; PROP STYLING BY KATE PARISIAN; STUART TYSON (2)